

## RESOURCES

### STEPS FOR LIVING

Steps for Living: Education for all life stages - <https://stepsforliving.hemophilia.org/>

No matter what your life stage, Steps for Living offers education, information, tools, and other resources to support you and your family live with a bleeding disorder and tackle challenging situations, including all the issues covered in *Collaborating in Care: You Got This: The Art of Speaking Up*.

### IN CASE OF EMERGENCY

Emergency Care for Patients with Hemophilia -

<https://athn.org/files/resources/athnready/Emergency%20Care%20for%20Patients%20with%20Hemophilia%20FINAL.pdf>

Emergency Care for Patients with von Willebrand Disease - <http://www.hemophilia.ca/files/VWDEmergencyManualEN.pdf>

### PAIN AND DEPRESSION

The Emotional Side of Bleeding Disorders - <https://stepsforliving.hemophilia.org/next-step/maintaining-a-healthy-body/emotional-side-of-bleeding-disorders>

Pain Checklist - [https://stepsforliving.hemophilia.org/sites/all/themes/stepsforliving/pdf/pain\\_checklist.pdf](https://stepsforliving.hemophilia.org/sites/all/themes/stepsforliving/pdf/pain_checklist.pdf)

### CHILD CARE

Steps for Living: Child Care and school - <https://stepsforliving.hemophilia.org/first-step/child-care-and-school>

### EDUCATIONAL PLANS: 504 AND IEP

What Is a 504 Plan? - <http://specialchildren.about.com/od/504s/f/504faq1.htm>

Steps for Living: Child care and school - <https://stepsforliving.hemophilia.org/first-step/child-care-and-school>

### BULLYING

Coach Bullying: More frequent than you might think - [www.cnn.com/2014/01/13/health/coaches-bullying/index.html](http://www.cnn.com/2014/01/13/health/coaches-bullying/index.html)

Bullying Prevention Program - <http://bullyfree.com/>

National Education Association - <http://www.nea.org/home/neabullyfree.html>

Sticking Up For Yourself - <https://stepsforliving.hemophilia.org/next-step/school/sticking-up-for-yourself>

## DISCLOSURE TO AN EMPLOYER

All About Bleeding: Discussion guide: Talking to employers and coworkers -

<https://www.allaboutbleeding.com/documents/AAB-discussion-guide-global-employer.pdf>

Youth, Disclosure and the Workplace: What, why, when, and how - <http://www.dol.gov/odep/pubs/fact/ydw.htm>

Leave Benefits: Family & Medical Leave Act - <http://www.dol.gov/dol/topic/benefits-leave/fmla.htm>

Job Accommodation Network - <http://askjan.org/links/about.htm>

Accommodation Ideas for Bleeding Disorders - <https://askjan.org/media/blee.htm>

ADA Questions and Answers - <http://www.ada.gov/q&aeng02.htm>

Telling The Boss About Your Medical Condition - <http://www.bankrate.com/brm/news/insurance/20060403a2.asp>

Your Privacy Rights – What Do I Have to Tell My Employer? - <http://resources.lawinfo.com/labor-employment/your-privacy-rights-what-do-i-have-to-tell-my.html>

Steps for Living: Workplace issues - <https://stepsforliving.hemophilia.org/step-out/workplace-issues>

## PARTNERS/INTIMACY/DATING

Steps for Living: Dating and sex - <https://stepsforliving.hemophilia.org/step-up/dating-and-sex>

## SELF CARE

Steps for Living: Gaining independence - <https://stepsforliving.hemophilia.org/step-up/gaining-independence>

Staying on Treatment - <https://stepsforliving.hemophilia.org/step-out/staying-on-treatmenthttps://stepsforliving.hemophilia.org/step-out/staying-on-treatment>

## SOCIAL MEDIA

92% of Companies Use Social Media for Recruitment - <http://www.adweek.com/socialtimes/social-media-recruiting/492059>

Should Companies Monitor Their Employees' Social Media? - <http://www.wsj.com/articles/should-companies-monitor-their-employees-social-media-1399648685>

Workplace Fairness: Social networking and computer privacy - <https://www.workplacefairness.org/social-network-computer-privacy-workplace>